

# YOGA + BEER

AT BREAKSIDE BREWERY  
LAKE OSWEGO

NOVEMBER 9<sup>TH</sup>

10:30-11:30AM

*All Levels* **\$23 PER YOGI**  
*pre-registration encouraged*

JOIN US FOR YOGA + BEER WITH BREAKSIDE BREWERY IN LAKE OSWEGO!  
THIS SATURDAY MORNING EVENT WILL BEGIN WITH A 60 MINUTE ALL-LEVELS FLOW YOGA CLASS IN  
BREAKSIDE'S TASTING ROOM TAUGHT BY LOCAL YOGA INSTRUCTOR, AMIE BLIMAN.

YOGIS ARE INVITED TO STAY AND ENJOY A POST-CLASS PINT.  
YOUR REGISTRATION INCLUDES YOGA + YOUR FIRST PINT OF BEER.

OUR STUDIO IS A PNW BREWERY. OUR POST-CLASS REFRESHMENT IS A CRAFT BEER.

**CHEERSANDNAMASTE.COM**

ALL-LEVELS OF YOGA PRACTICE AND BEER TASTING EXPERIENCE ARE WELCOME.

